

#### **Clinical-Medical Image**

# Anatomical Variant at Surgical Risk: Median Arcuate Ligament Syndrome

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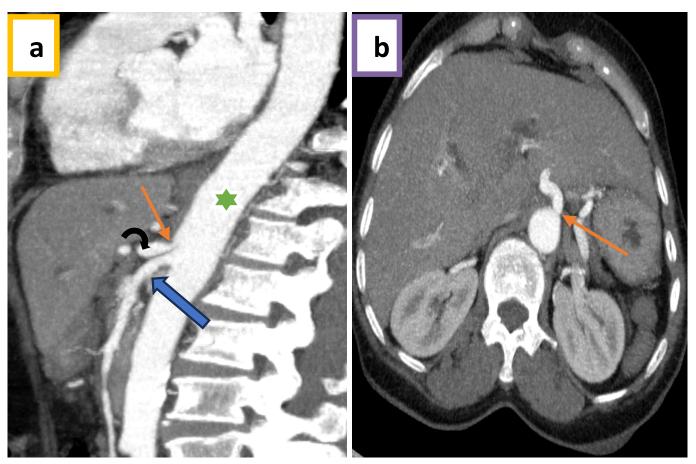


Figure 1: CT image of the abdominal aorta (star) with contrast enhancement at arterial time: **a**) Sagittal and **b**) Axial sections showing focal ostial narrowing at the level of the celiac trunk (orange arrow) with post-stenotic dilatation (black curved arrow). The superior mesenteric artery is of normal caliber (solid blue arrow).

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Median Arcuate Ligament Syndrome (MALS), also known as Dunbar's syndrome, is a rare condition caused by compression of the Celiac Trunk (CT) by the fibrous attachments of the median arcuate ligament and the diaphragmatic crest. It is an anatomical variant that affects about 10-24% of the population and about 1% develop symptoms [1].

This syndrome was first described in the series by Harjola in 1963 and by Dumbar, et al. in 1965, and thus became known as Dumbar's syndrome. It is clinically identified by a symptomatic triad associating post-prandial epigastric pain, unexplained weight loss and auscultatory noises (inconstant) following arterial stenosis [2,3]; These pains may or may not be accompanied by nausea, vomiting and diarrhea. However, a small proportion of the general population has a relatively compressive medial arcuate ligament, with or without specific symptoms [4,5]. This asymptomatic nature is often the cause of misdiagnosis, and it often takes a long time before a diagnosis can be made, which is not always obvious.

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Our patient had no digestive symptoms associated with significant compression of the celiac trunk. He presented with cholestatic jaundice in a type 2 diabetic patient with general deterioration of condition, requiring abdominal ultrasound, which revealed a mass in the head of the pancreas with dilatation of the bile ducts; further investigations revealed a cervico-isthmic pancreatic tumour process.

Abdominal angioscanner facilitates diagnosis by demonstrating narrowing of the celiac trunk with post-stenotic dilatation (Figure 1); it allows three-dimensional visualization of the compressed celiac artery; this three-dimensional (3D) shape makes it possible to appreciate the degree of angulation of the CT in relation to the abdominal aorta [1].

This condition is managed surgically, with decompression of the constriction of the medial arcuate ligament of the celiac artery. This can range from ligament transection to aorto-celiac bypass [4].

The frequency between SLAM and pancreatic tumor is high, and resection of a cephalic pancreatic tumor involves resection of the gastroduodenal artery and pancreaticoduodenal arches. However, the latter constitute a bypass between the territories of the CT and the Superior Mesenteric Artery (SMA). In the case of tight stenosis of the CT or SMA, cephalic duodenopancreatectomy is likely to result in supramesocolic arterial ischemia. For this reason, the search for MALS should be systematic and should be mentioned and complemented by a meticulous vascular study, enabling the surgeon to avoid a moribund operation [6].

Keywords: Median arcuate ligament; Celiac trunk; Compression; Variant; Pancreatic surgery

#### **Conflict of Interest**

No conflict of interest.

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